

Continence Care

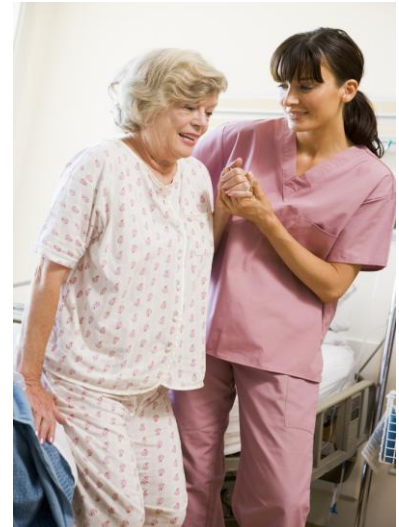
This course covers the physiology of the urinary system, looking at the problems that may arise and the possible causes of urinary incontinence as well as the signs and symptoms, assessment and restoration of urinary continence.

Promotion of continence is covered together with management of faecal incontinence.

This half day or full day course covers the following:

- The difference between continence and incontinence
- The emotional aspects of incontinence
- Physical environmental issues
- Causes of incontinence
- Bladder training and fluid balance
- Faecal incontinence
- Pressure care and infection control

- Adaptive clothing, continence products, catheters and stomas



Training Methods: Lectures, case studies and group discussions. Demonstration of hand hygiene, pressure care, adapted clothing

Assessment is a thorough observation of practical elements and a multi-choice test paper which is marked by the Tutor and then verified by an assessor, for Quality Assurance purposes. To gain a certificate a course mark in excess of 80% is required. On successful completion of the course, students will receive a Certificate which will remain valid for one year from date of issue.

Employers will receive all necessary paperwork to provide an auditable paper trail