

Challenging Behaviour

This course is designed to provide an introduction to challenging behaviour and is suitable for Personal assistants, Carers, volunteers and family friends and anyone who offers direct support for people whose behaviour is considered challenging. This may be for a variety of different reasons and could include someone with a learning disability, or someone for whom age, disability or mental illness has led to the development and displaying of challenging behaviour

Delegates will develop their skills and gain a knowledge of this topic, whilst exploring techniques, care interventions and best practice guidance

The aim of the course is to understand the nature of challenging behaviour, the various ways it can affect individuals and the most appropriate support for people who challenge.

The approach taken may be summed by the following statement

'All behaviour has a meaning: Our challenge is to find out what that meaning is'

This complex and interesting half day course covers the following:

- Defining and recognising the challenge
- Understanding why challenging behaviour occurs
- The Holistic approach and communication
- Emotional life, Personal Power and physiological needs
- Health, and self harming
- medication, and treatment
- Specialised equipment
- Rights and intervention

Training Methods: Lectures, case studies, scenarios and group discussions.

Assessment is a thorough observation of practical elements and a written test paper which is marked by the Tutor and then verified by an assessor, for Quality Assurance purposes. To gain a certificate a course mark in excess of 80% is required. On successful completion of the course, students will receive a Certificate which will remain valid for one year from date of issue.

Employers will receive all necessary paperwork to provide an auditable paper trail

